

TAFARN YR EAGLES, LLANUWCHLLYN

01678 540278

STARTERS

Soup of the day £6.50

Homemade soup served with rustic bread and welsh butter

Black Pudding Stack £8.50

Hash Brown, Black pudding and Chicken topped with a chorizo sauce

Prawn and Smoked Salmon Cocktail £8.50

Atlantic Prawns and chopped smoked salmon bound in a Marie rose sauce on mixed leaf with wholemeal bread and butter

Chinese Duck Bon bons £7.50

with a warm hoisin dip

Vegetable Gyozas £7

Served with a Hoisin dip and dressed with spring onion and chillis

Battered Halloumi Fries £7

served with dressed mixed leaves and sweet chilli dip

Antipasti Olives £7

Mixed Olives with garlic, Rosemary and sun dried tomatoes

Garlic Infused Houmous £7

Served with a garlic buttered Flatbread

MAINS

Homemade Lasagne £15 | Small £10

Beef or Vegetable lasagne served with Garlic Bread and salad

Steak and Ale Pie £16.50 | Small £12

A Slice of Tender steak chunks & onion cooked in a real Ale served with Chunky Chips buttered Veg and Gravy

Beer Battered Fish £17 | Small £12

Halloumi or Tofu £16 | Small £10
Served with Chunky Chips, garden or mushy peas and tartare sauce

Home cooked Roast Ham £15 | Small £10

Served with Chips, 2 fried eggs and peas

Breaded Scampi £16 | Small £12

served with chips and garden or mushy peas and homemade tartare sauce

Homemade Curry £15

Chicken, Halloumi or Tofu curry served with rice, poppadom and chutney

Meatball Arriabiata £16 | Small £12

Baked pork meatballs in a rich spicy tomato sauce tossed in a penne pasta topped with italian hard cheese

Sticky Salt and Pepper Chicken, Halloumi or Tofu £15

Battered Chunks cooked with onions, peppers and chilli, flavoured with salt and pepper seasoning, served in a honey and sweet chilli sauce with rice and salad

Salmon Noodles £18

Pan fried Salmon on a bed of Egg noodles with mixed veg in a hoisin sauce

10oz Gammon £18

Served with egg or pineapple, Chips and peas

BURGERS

all Served on a brioche bun with lettuce, tomato, red onion and burger sauce with fries and homemade coleslaw

Cheese Burger £13

Blue Burger £14

Topped with melted Blue cheese

6oz Beef Burger Plain Jane £12.50

BBQ Melt £13.50

A slice of cheddar cheese and BBQ sauce

Breakfast Burger £15.50

Topped with Bacon, sausage and fried egg

Halloumi Burger

£13.50

Welsh Mountain Burger £15

topped with Welsh Rarebit

Pulled Porker £15

Topped with pulled pork, cheese and bbq sauce

Ultimate Burger £18.00

Double Burger, cheese, fried egg, crispy onions and onion rings

Panko coated Chicken breast Burger £14

Panko Cajun Chicken Breast Burger £14.50

Meat-free burger £13

FROM THE GRILL

All served with Chips, peas, tomato and mushroom

Wexford Rump £23

Soz Rump topped with a Creamy Mushroom Stilton and Pepper sauce

Surf and Double Turf £28

A Soz Rump Steak topped with Breaded Wholetail Scampi and 1/2 a Chicken Breast

18oz Mixed Grill £28

3oz lamb chop, 5oz beef steak, 4oz Pork Steak, 6oz Gammon Steak

10oz Sirloin £24

Soz Rump £20 | Small £12

with optional Blue cheese, Diane, pepper or Rarebit sauce £3.50

SUMMER SPECIALS

Pasta Salad Chicken, Halloumi or Tuna £14

Pesto Dressed penne pasta, with a mix of fresh salad tomatoes, cucumber Bell peppers and sweetcorn

A Salad Bowl of Quinoa, Kale, Brown rice, edamame beans and mixed leaves £14

Add - Duck bonbons, vegetable gyozas, grilled chicken or Halloumi

Add a dressing - Caesar, Honey and mustard or BBQ sauce

Ploughman's Lunch £17

Pork Pie, Home Roast Ham, Welsh Cheese, Plum and apple chutney, Pickled Onions Rustic Bread and Welsh Butter

Great for Sharing!

TAFARN YR EAGLES, LLANUWCHLLYN

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I DDECHRAU

Cawl y dydd £6.50

Cawl cartref wedi'i weini â bara crystiog

Pentwr Pwdin Gwaed £8.50

Hash Brown, Pwdin gwaed a Chyw Iâr wedi'i weini a saws chorizo

Coctel Corgimwch a Eog wedi'i fygu £8.50

Corgimwch Iwerydd a stribedi eog wedi'i fygu gyda saws

Marie rhosyn a salad gyda bara grawn a menyn

Bon bons 'Chwaden Tsieiniaidd £7.50

gyda dip hoisin cynnes

Goyzas Llysieol £7

wedi'i weini a dip hoisin, shibwns a tsili

Sglodion Halloumi wedi'i ffrio £7

wedi'i weini â salad a dip tsili melys

Antipasti Olewydd £7

Olewydd cymysg gyda garlleg, Rhosmari,

Garlleg a thomatos wedi'i sychu

Houmous a sawr Garlleg £7

wedi weini a bara croyw garlleg

PRIF GWRS

Lasagne Cartref £15 | Bach £10

Lasagne cig eidion neu lysiau wedi'i weini gyda bara garlleg a salad

Ham Rhost-Cartref £15 | Bach £10

Wedi'i weini gyda sglodion, dau Ŵy wedi ffrio, pys

Arriabiata Peli Cig £16 | Bach £12

Peli cig mewn saws tomato sbeislyd wedi'i weini gyda pasta penne a chaws eidalaidd

Pei Stêc a Chwrw £16.50 | Bach £12

Stribedi stêc a nionyn mewn cwrw wedi'i weini gyda sglodion, llysiau a greffi

Sgampi £16 | Bach £12

Wedi'i weini gyda sglodion a phys gardd neu bys slwtsh a saws tartar cartref

Cyw Iar Halloumi neu Tofu Halen a Phupur

Gludiog £15

Darnau mewn cyteu wedi'i coginio â nionod, pupur a tsili wedi'i weini mewn saws mela tsili melys gyda reis a salad

Sgodyn a Sglodion £17 | Bach £12

Halloumi neu Tofu £16 | Bach £10

wedi'i weini gyda phys gardd neu bys slwtsh a saws tartar cartref

Cyri Cartref £15

Cyri Cyw Iâr, Halloumi neu Tofu wedi'i weini gyda reis, poppadom a siytni

Nwdls Eog £18

Eog wedi'i ffrio a'i weini gyda nwdls wŷ llysiau a saws hoisin

10oz Gammon £18

Wedi'i weini gyda sglodion, pînafal, pys a wŷ

BYRGYRS

Gweinir ar fynsen brioche gyda letys, tomato, nionyn coch a saws byrgyr gyda sglodion a coleslaw cartref

Byrgyr caws £13

Byrgyr Cig Eidion 6oz Plaen £12.50

Barbeciw â Chaws £13.50

Tafell o Gaws Cheddar a Saws Barbeciw

Byrgyr Brecwast £15.50

gyda Bacwn, Selsig ac Ŵy wedi'i Ffrio

Byrgyr Halloumi £13.50

Byrgyr caws glas £14

gyda Caws Glas

Byrgyr Copa Cymru £15

gyda Welsh Rarebit

Porc wedi'i dynnu £15

gyda Porc wedi'i dynnu, Caws a Saws Barbeciw

Byrgyr i'r Eithaf £18.00

Byrgyr Dwbl, Caws, Ŵy wedi'i Ffrio, Nionod Crensiog a Chylchoedd Nionod

Byrgyr Cyw Iâr Panko £14

Byrgyr Cajun Cyw Iâr Panko £14.50

Byrgyr Llysieuol £13

O'R BADELL

Gweinir gyda Sglodion, Pys, Tomato a Madarch

Rump Wexford £23

Soz Rump wedi'i weini â Saws Caws Glas hufenog a Saws Peppercorn

Surf a Turf dwbl £28

Soz stêc Rump, Scampi a 1/2 Brest Cyw Iâr

Gril Cymysg 18oz £28

3oz Chop Cig Oen, 5oz Stêc Rump, 4oz Stêc Porc, 6oz stêc Gammon

Stêc Syrllwyn 10oz £24

Stêc rump 8oz £20 | Bach £12

gyda saws Caws Glas, Dianne, Pupur neu Rarebit £3.50

ARBENNIGION YR HAF

Pasta Salad Cyw Iâr, Halloumi

neu Tuna £14

Pasta penne wedi'i drochi mewn pesto gyda salad tomato ffres, ciwcymbr, pupur coch a chorn melys

Powlen o Salad Quinoa, Cêl,

Reis Brown, Ffa Edamame a Dail Cymysg £14

Ychwanegwch - Bon bons 'Chwaden Tsieiniaidd, Goyzoa Llysiau, Cyw Iâr neu Halloumi wedi'i Ffrio Ychwanegwch - ddrresin Caesar, Mêl a Mwstard neu Saws Barbeciw

Cinio'r Aradwr (Ploughman) £17

Porc Pei, Ham Rhost Cartref, Caws Cymraeg, Tsiytsni Plwm ac Afal, Nionyn wedi'i Biclo gyda Bara a Menyn Cymraeg
Pryd gwych i'w rannu â chyfaill!

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~ GLUTEN FREE MENU ~

STARTERS

Soup of the day £6.50

Homemade soup

Prawn and Smoked Salmon Cocktail £8.50

Atlantic Prawns and chopped smoked salmon bound in a Marie rose sauce on mixed leaf

Halloumi Fries £7

served with dressed mixed leaves and sweet chilli dip

Garlic Infused Houmous £7

Served with carrot and cucumber sticks

Antipasti Olives £7

Mixed Olives with garlic, Rosemary and sun dried tomatoes

MAINS

Home cooked Roast Ham £15 | Small £10

Served with Chips, fried egg and peas

Meatball Arriabiata £16 | Small £12

Baked pork meatballs in a rich spicy tomato sauce tossed in a penne pasta topped with italian hard cheese

Beer Battered Fish £17 | Small £12

Halloumi or Tofu £16 | Small £10
Served with Chunky Chips, garden or mushy peas and tartare sauce

Homemade Curry £15

Chicken, Halloumi or Tofu curry served with rice, poppadom and chutney

10oz Gammon £18

Served with egg or pineapple, Chips and peas

Breaded Scampi £16 | Small

£12

served with chips and garden or mushy peas and homemade tartare sauce

Sticky Salt and Pepper Chicken, Halloumi or Tofu £15

Battered Chunks cooked with onions, peppers and chilli, flavoured with salt and pepper seasoning, served in a honey and sweet chilli sauce with rice and salad

FROM THE GRILL

All served with Chips, peas, tomato and mushroom

Wexford Rump £23

8oz Rump topped with a Creamy Mushroom Stilton and Pepper sauce

Surf and Double Turf £28

A 8oz Rump Steak topped with Breaded Wholetail Scampi and 1/2 a Chicken Breast

18oz Mixed Grill £28

3oz lamb chop, 5oz beef steak, 4oz Pork Steak, 6oz Gammon Steak

10oz Sirloin £24

8oz Rump £20 | Small £12

with optional Blue cheese, Diane, pepper or Rarebit sauce £3.50

SUMMER SPECIALS

Pasta Salad Chicken, Halloumi or Tuna £14

Pesto Dressed penne pasta, with a mix of fresh salad tomatoes, cucumber Bell peppers and sweetcorn

A Salad Bowl of Quinoa, Kale, Brown rice, edamame beans and mixed leaves £14

Add - grilled chicken, Tofu or Halloumi
Add a dressing - Caesar, Honey and mustard or BBQ sauce

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~ BWYDLEN DI-GLWTEN ~

I DDECHRAU

Cawl y dydd £6.50

Cawl cartref wedi'i weini â bara crystiog

Coctel Corgimwch a Eog wedi'i fygu £8.50

Corgimwch Iwerydd a stribedi eog wedi'i fygu gyda saws Marie rhosyn a salad gyda bara grawn a menyn

Sglodion Halloumi wedi'i ffrio £7

wedi'i weini â salad a dip tsili melys

Antipasti Olewydd £7

Olewydd cymysg gyda garleg, Rhosmari, Garleg a thomatos wedi'i sychu

PRIF GWRS

Ham Rhost-Cartref £15 | Bach £10

Wedi'i weini gyda sglodion, dau ŵy wedi ffrio, pys

Arriabiata Peli Cig £16 | Bach £12

Peli cig mewn saws tomato sbeislyd wedi'i weini gyda pasta penne a chaws eidalaidd

Sgodyn a Sglodion £17 | Bach £12

Halloumi neu Tofu £16 | Bach £10
wedi'i weini gyda phys gardd neu bys slwtsh a saws tartar cartref

Cyri Cartref £15

Cyri Cyw Iâr, Halloumi neu Tofu wedi'i weini gyda reis, poppadom a siytni

10oz Gammon £18

Wedi'i weini gyda sglodion, pînafal, pys a wŷ

Sgampi £16 | Bach £12

Wedi'i weini gyda sglodion a phys gardd neu bys slwtsh a saws tartar cartref

Cyw Iar Halloumi neu Tofu Halen a Phupur Gludiog £15

Darnau mewn cyteu wedi'i coginio â nionod, pupur a tsili wedi'i weini mewn saws mela tsili melys gyda reis a salad

Y R E A G L E S

O'R BADELL

Gweinir gyda Sglodion, Pys, Tomato a Madarch

Rump Wexford £23

8oz Rump wedi'i weini â Saws Caws Glas hufenog a Saws Peppercorn

Surf a Turf dwbl £28

8oz stêc Rump, Scampi a 1/2 Brest Cyw Iâr

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Stêc Syrllwyn 10oz £24

Stêc rump 8oz £20 | Bach £12

gyda saws Caws Glas, Dianne, Pupur neu Rarebit £3.50

ARBENNIGION YR HAF

Pasta Salad Cyw Iâr, Halloumi neu Tuna £14

Pasta penne wedi'i drochi mewn pesto gyda salad tomato ffres, ciwcymbr, pupur coch a chorn melys

Powlen o Salad Quinoa, Cêl,

Reis Brown, Ffa Edamame a Dail Cymysg £14

Ychwanegwch - Bon bons 'Chwaden Tsieiniaidd, Goyoza Llysiau, Cyw Iâr neu Halloumi wedi'i Ffrio Ychwanegwch - ddresin Caesar, Mêl a Mwstard neu Saws Barbeciw

SNACKS

AVAILABLE UNTIL 4PM

JACKET POTATOES

~ GLUTEN FREE ~

all served with a Dressed Side Salad

Tuna Mayonnaise & Spring Onion £8.50

Cheese & Baked Beans (v) £8.50

Prawn & Marie Rose Sauce £9.50

Wexford Mushroom (v) £8.50

Homemade Coleslaw £8

SANDWICHES

all served on Thick White Bread with Dressed Mixed Leaves

Mature Cheddar & Chutney (v) £8

Tuna Mayonnaise £8

Traditional Club Sandwich £11

Crispy Tofu, Cucumber & Garlic Hummus (v) £8

Coronation Chicken £8

Add a Cup of Soup or Chunky Chips/Fries £3 each

RUSTIC BAGUETTES

All served with Dressed Side Salad and Chunky Chips/Fries

Meatballs in Spicy Tomato Sauce topped with Cheddar Cheese £13

Rump Steak, Red Onion & Stilton £14

Tuna Mayonnaise, Red onion & Cheddar Melt £10

Chicken & Bacon with Mature Cheddar Cheese £12

Grilled Halloumi & Sweet Chilli Sauce (v) £10

Battered Fish Goujons, Leaf Salad & Tartare Sauce £12

Please note that all our food is cooked fresh to order and at times can lead to a delay.

For all dietary and allergy requirements please do not hesitate to ask

BYRBRYD

AR GAEL HYD 4YP

TATEN BÔB

~ DI-GLWTEN ~

wedi'i weini â Salad

Tuna Mayonnaise & Sibolsyn £8.50

Caws a Ffâ pob (LL) £8.50

Corgimwch & Saws Marie Rose £9.50

Madarch Wexford (LL) £8.50

Coleslaw Cartref £8

BRECHDANAU

wedi'i weini rhwng dwy dafell fara gwyn drwchus â salad

Caws aeddfed a Tsiytnei (LL) £8

Tuna Mayonnaise £8

Brechdan clwb traddodiadol £11

Tofu creinsiog, Cucumber & Hummus Garlleg (LL) £8

Cyw Iâr Coronation £8

Ychwanegwch Gawl y Dydd neu Sglodion £3 yr un

BAGUETTES

wedi'i weini â Salad a Sglodion Trwchus/Sglodion Tennau

Peli Cig mewn Saws Tomato Sbeislyd wedi'i orchuddio â Chaws Cheddar £13

Stêc Rump, Nionyn coch & Chaws glas £14

Tuna Mayonnaise, Nionyn coch & Cheddar wedi toddi £10

Cyw Iâr & Bacwn gyda Chaws Cheddar aeddfed £12

Halloumi wedi'i ffrio & Saws Tsili melys (LL) £10

Goujons 'Sgodyn, Salad & Saws Tartare £12

Paratoir ein prydau yn ffres ac i archeb sy'n golygu, ar adegau, gall achosi oedi.

Cofiwch nodi unrhyw ofynion deietegol neu alergeddau

CHILDREN'S MENU £5.25

Macaroni cheese with Garlic Bread
Sausages | Fish Goujons | Halloumi Sticks | Pizza | Battered Chicken Pieces
*All served with chips | fries | mash & peas | beans | carrot and
cucumber sticks*

BWYDLEN I BLANT £5.25

Caws Macaroni gyda Bara Garlleg
Selsig | Goujons Pysgod | Ffyn Halloumi | Pitsa | Darnau Cyw iâr
*Gweinir gyda Sglodion | Tatws Stwnsh & Pys, Ffa Pob
neu Ffyn Moron a Chiwcymbr*

SIDES

Pineapple £1.50
2 Fried Eggs £2.00
Rasher of Bacon £2.00
Coleslaw £2.00
Bread and Butter £2.00
Baked Beans £3.00
Pulled Pork £3.50
Onion Rings £3.50
Fries £4.00
Chunky Chips £4.00
Garlic Bread £3.50
Cheesy Garlic Bread £4.00
Posh Fries £4.50

OCHRAU

Pîn-Afal £1.50
Stribed o Facwn £2.00
2 Wÿ wedi'u Ffrio £2.00
Coleslaw £2.00
Bara Menyn £2.00
Ffa Pob (bîns) £3.00
Porc wedi'i Dynnu £3.50
Cylchoedd Nionod £3.50
Sglodion Tenau £4.00
Sglodion Tew £4.00
Bara Garlleg £3.50
Bara Garlleg Cawslyd £4.00
Sglodion *posh* £4.50

BETH AM BWDIN £7

BROWNIE gyda Hufen Iâ
LEMON MERINGUE TART gyda Hufen
CACEN SIOCLED gyda Hufen Iâ
ETON MESS
TARTEN AFAL gyda Hufen Iâ neu Gwstard
PWDIN TRIOG GLUDIOG gyda Hufen Iâ neu Gwstard
CRWMBL AFAL & AERON gyda Hufen Iâ neu Gwstard
BELGIAN WAFFLE gyda Hufen Iâ
CACEN GAWS Y DYDD

WHAT ABOUT PUDDING £7

BROWNIE with Ice-Cream
LEMON MERINGUE with Cream
CHOCOLATE FUDGE CAKE with Ice-Cream
ETON MESS
APPLE PIE with Ice-Cream or Custard
STICKY TOFFEE PUDDING with Ice-Cream or Custard
APPLE AND BERRY CRUMBLE with Ice-Cream or Custard
BELGIAN WAFFLE with Ice-Cream
CHEESECAKE OF THE DAY

ICEACREAM | HUFEN IÂ

1 Scoop £3 | 2 Scoop £4.25
3 Scoop £6 | Sundae £7
Honeycomb | Vanilla
Chocolate | Strawberry

1 Sgwp £3 | 2 Sgwp £4.25
3 Sgwp £6 | Sundae £7
Mêl | Fanilla
Siocled | Mefus